Certainly! **Cadence** refers to the **rhythm, flow, or pattern** in music, language, or activity. It encompasses both the regular beat of motion and the melodic sequences of sounds. Here are some free resources where you can learn more about cadence:

1. [**Merriam-Webster**](https://www.merriam-webster.com/dictionary/cadence): Provides a concise definition and examples of cadence.
2. [**Cambridge Dictionary**](https://dictionary.cambridge.org/dictionary/english/cadence): Offers insights into the regular rise and fall of the voice, musical chords, and sports-related steps or turns.
3. [**Dictionary.com**](https://www.dictionary.com/browse/cadence): Explores the rhythmic flow of sounds or words and provides usage examples.
4. [**Cadence Online Training**](https://www.cadence.com/en_US/home/training/deliverymethod-online.html): Access a library of electronic design and verification courses, sharpen your skills, and learn at your own pace.
5. [**Cadence Academic Network for Students**](https://www.cadence.com/en_US/home/company/cadence-academic-network/students.html): Utilize over 5,000 learning materials, including introductory videos and online courses[1](https://www.cadence.com/en_US/home/training/deliverymethod-online.html)[2](https://www.cadence.com/en_US/home/company/cadence-academic-network/students.html).

Happy learning! 🎵📚